

**Please call each resource to confirm hours and available services have not changed**

## Food Assistance

### **Braes Interfaith Ministries**

**Location:** 4300 West Bellfort, Houston, TX 77035

**Availability:** Monday, Wednesday, and Friday, 10:00 AM – 2:00 PM

**Helpline:** (713) 723-2671

**Website:** [www.braesinterfaithministries.org](http://www.braesinterfaithministries.org)

**Service Provided:** Food Pantry, Clothing (Resale Shop)

**Service Area:** Greater Houston Area

### **Christian Community Service Center**

**Location:** 3434 Branard St, Houston, TX 77027

**Availability:** Monday – Friday, 10:00 AM – 2:00 PM Saturday, 9:00 AM – 12:00 PM

**Helpline:** (713) 871-9741

**Website:** [www.ccschouston.org](http://www.ccschouston.org)

**Service Provided:** Food Pantry, Rental Assistance, Utilities, Limited Medical, Vision, Dental and Prescriptions

**Service Area:** 77002,77003,77004,77005,77006,77007,77010,77011,77012,77019,77020,77021,77023,77025,77026,77027,77028,77030,77031,77036,77046,77056,77057,77072,77074,77081,77096, 77098, 77401

### **Double up Houston Snap Incentive**

**Location:** 2752 Buffalo Speedway, Houston, TX 77027

**Availability:** Saturdays, 8:00 AM – 12:00 PM

**Helpline:** (713) 880-5540 Ext. 1025

**Website:** [www.urbanharvest.org/farmers-market/SNAP](http://www.urbanharvest.org/farmers-market/SNAP)

**Services Provided:** Farmers Market, Buy one 1 Get 1 with your Lone Star or EBT Card up to \$40.00 a day

**Service Area:** Greater Houston Area

### **Epiphany Community Health Outreach Services**

**Location:** 9600 S Gessner Rd, Building E, Houston, TX 77071

**Availability:** Tuesdays, 7:30 AM - 10:00 AM

**Helpline:** (713) 270-0369

**Website:** [http://echos-houston.org/client-services/financial\\_assistance/](http://echos-houston.org/client-services/financial_assistance/)

**Services Provided:** Food Pantry, Financial Assistance (Rent and Utilities Zip restricted)

**Service Area:** 77031,77035,77036,77071,77072,77074,77081,77096,77099

### **First Baptist Church**

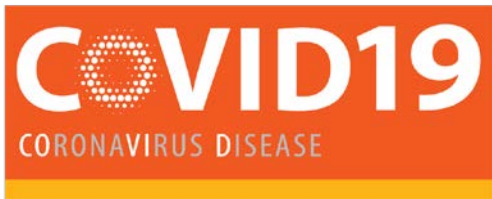
**Location:** 8244 Long Point Rd, Houston, TX 77055

**Helpline:** (713) 554-8801

**Availability:** Tuesday – Thursday, and Saturday, 10:00 AM – 1:00 PM (By Appt Only)

**Services Provided:** Food Pantry

**Service Area:** Greater Houston Area



# Community Resource List

## **Gulf Coast Community**

**Location:** 9320 Kirby Dr, Houston, TX 77054

**Availability:** Monday, Wednesday, Thursday and Friday, 9:00 AM – 1:00 PM. Food Pantry (Drive-thru only) other services Monday – Friday, 8:00 AM - 5:00 PM

**Helpline:** (713) 393-4700

**Website:** [www.gccsa.org](http://www.gccsa.org)

**Service Provided:** Food Pantry, Financial Assistance (Rental and Electricity)

**Service Area:** Harris County Area

## **Houston Food Bank**

**Location:** Various

**Availability:** Varies on location

**Helpline:** (832) 369-9390

To find food pantry locations text **FOOD or COMIDA** to (855) 308–2282.

**No Kid Hungry Program:** If you have school-aged students in need of breakfast and lunch this summer text **FOOD or COMIDA to 877877** to find the closest location where you can get free summer meals.

**Website:** [www.houstonfoodbank.org/covid19](http://www.houstonfoodbank.org/covid19)

**Service Provided:** Food Pantry

**Service Area:** Greater Houston Area

## **Kingwood United Methodist Church – Society of St. Stephen**

**Location:** 2307 Crystal Springs Drive, Kingwood, TX 77339

**Availability:** Mondays and Fridays, 9:00 AM – 11:30 AM

**Helpline:** (281) 358-7722

**Website:** <https://kingwoodumc.org/missions/>

**Services Provided:** Food Pantry

**Service Area:** 77327, 77336, 77339, 77345, 77346, 77357, 77365, 77372

## **L.I.F.E. Houston**

**Location:** 2002 S. Wayside Dr, Houston TX 77023

**Availability:** Monday – Friday, 9:30 AM – 3:30 PM. Phone Appointments Only, No Face to Face Various Pick up locations

**Helpline:** (713) 528-6044

**Website:** <https://www.lifehouston.org/>

**Service Provided:** Emergency formula for babies between 0-12 months

**Service Area:** No Zip Code Restrictions. Pick up locations 77090, 77074, 77007, 77023, 77503

## **Mission Bells**

**Location:** 15325 Bellaire Blvd, Houston, TX 77083

**Availability:** Tuesday and Saturday, 9:00 AM – 11:00 AM

**Helpline:** (281) 850-0213

**Website:** [www.missionbells.org](http://www.missionbells.org)

**Services Provided:** Food Pantry

**Service Area:** Greater Houston Area

### **Southeast Area Ministries**

**Location:** 2102 Houston Blvd, South Houston, TX 77587

**Availability:** Call Tuesday and Thursday for next day appointment to pick up food. No walk-ins

**Helpline:** (713) 944-0093

**Website:** <https://southeastareaministries.com/houston-assistance-ministries/>

**Services Provided:** Food Pantry, Partial Financial assistance for Rent and Utilities

**Service Area:** 77017, 77034, 77061, 77075, 77087, 77089, 77587, 77598

### **St. Mary Magdalene Social Services**

**Location:** 527 S Houston Ave, Humble, TX 77338

**Availability:** Wednesday, 8:30 AM Until food runs out

**Helpline:** (281) 540-1907

**Website:** [www.st-mm.com](http://www.st-mm.com)

**Services Provided:** Food Pantry (Drive thru only), Rental Assistance, Utilities

**Service Area:** Greater Houston Area

### **St. Pius V Catholic Church**

**Location:** 824 Main St, Pasadena, TX 77506

**Availability:** Fridays: Time varies/ check website for current time

**Helpline:** (713) 473-9484

**Website:** [www.stpiusvchurch.com](http://www.stpiusvchurch.com)

**Service Provided:** Food Pantry (Drive -Thru only)

**Service Area:** Greater Houston Area

### **Wesley Community Center**

**Location:** 1235 Lorraine St, Houston, TX 77009

**Availability:** Wednesday and Friday, 9:00 AM – 12:00 PM

**Helpline:** (713) 223-8131

**Website:** <https://www.wesleyhousehouston.org>

**Services Provided:** Food Pantry, Financial Assistance (Rent and Utility)

**Service Area:** Greater Houston Area

## Financial Assistance

### **Harris County Social Services**

**Location:** 9418 Jensen Drive, Houston, TX 77093

**Availability:** Monday - Friday, 8:00 AM – 5:00 PM

**Helpline:** (713) 696-7900

**Website:** [www.csd.harriscountytexas.gov](http://www.csd.harriscountytexas.gov)

**Service Provided:** Financial Assistance (Rent and Utilities- Gas, Water, Electric)

**Service Area:** Greater Houston Area

## **Interfaith Caring Ministries**

**Location:** 151 Park Avenue, League City, TX 77573

**Availability:** Monday – Thursday, 8:30 AM – 4:30 PM and Friday, 8:30 AM – 1:00 PM. Call to schedule an appointment

**Helpline:** (281) 332-3881

**Website:** <http://icmtx.org/programs/emergency-rent-and-utility-assistance/>

**Services Provided:** Financial Assistance (Rent and Utility), Food Pantry Requirements for Financial Assistance

**Service Area:** Must reside in Clear Creek or Friendswood ISD area

## **Katy Christian Ministries**

**Location:** 5506 First Street, Katy, TX 77493

**Availability:** Monday – Thursday, 9:00 AM -12:00 PM & 1:00 PM – 5:00 PM. Call for an appointment, applications are done over the phone

**Helpline:** (281) 391-9623

**Website:** <https://ktcm.org/>

**Services Provided:** Financial Assistance, Social Services, Counseling, Food Pantry

**Service Area:** Must reside in the Katy ISD area

## **Kingwood United Methodist Church – Society of St. Stephen**

**Location:** 2307 Crystal Springs Drive, Kingwood, TX 77339

**Availability:** Monday and Friday 09:00 AM – 11:30 AM

**Helpline:** (281) 358-7722

**Website:** <https://kingwoodumc.org/missions/>

**Services Provided:** Food Pantry, Limited financial assistance for utilities

**Service Area:** 77327, 77336, 77339, 77345, 77346, 77357, 77365, 77372

## Mental Health Services

### **Counseling Support**

**Availability:** 24/7

**Helpline:** (713) 970-7000

**Website:** <https://www.theharriscenter.org>

**Service Provided:** Mental Health Counseling

**Service Area:** Harris County

### **National Alliance on Mental Illness (NAMI)**

**Availability:** Monday – Friday, 10:00 AM – 6:00 PM

**Helpline:** 1-800-950-6264 or text “TX” to 741741 (Crisis Line, available 24/7)

**Website:** <https://nami.org/Home>

**Service Provided:** Mental Health Services

**Service Area:** Nationwide

## **Northeast Mental Health Crisis Clinic**

**Location:** 18838 S Memorial Dr, Suite 106, Humble, TX 77338

**Availability:** Monday – Friday, 8:00 AM – 4:00 PM. Appointments preferred, walk-ins welcome

**Helpline:** (713) 338-6422

**Website:** <http://www.memorialhermann.org/locations/northeast-mental-health-crisis-clinic/>

**Service Provided:** Mental Health Services. Financial assistance is available for those who do not have insurance

**Service Area:** Greater Houston Area

## **Texas Health and Human Services (HHS) COVID Support Line**

**Availability:** 24/7

**Helpline:** (833) 986-1919

**Website:** <https://hhs.texas.gov/services/mental-health-substance-use>

**Service Provided:** Mental Health Services.

**Service Area:** Texas

## **The Disaster Distress Helpline**

**Availability:** 24/7

**Helpline:** 1-800-985-5990 or text “TalkWithUs” to 66746

**Website:** <https://www.samhsa.gov/find-help/disaster-distress-helpline>

**Service Provided:** Emotional distress and mental health counseling during or after a natural or man-made disaster

**Service Area:** Nationwide

## **The National Suicide Prevention Lifeline**

**Availability:** 24/7

**Helpline:** 1-800-273-8255

**Website:** <https://suicidepreventionlifeline.org/>

**Service Provided:** Mental Health Services. For individuals dealing with suicidal thoughts

**Service Area:** Nationwide

## **The Trevor Project**

**Availability:** 24/7

**Helpline:** 1-866-488-7386 or text “START” to 6786780

**Website:** <https://www.thetrevorproject.org/>

**Service Provided:** Mental Health Services for LGBTQ youth

**Service Area:** Nationwide

## **Veterans Crisis Line**

**Availability:** 24/7

**Helpline:** -800-273-8255, option 1, or text 838255

**Website:** <https://www.veteranscrisisline.net/>

**Service Provided:** Mental Health Services

**Service Area:** Nationwide

## Domestic Violence and Sexual Assault

### **Houston Area Women's Center**

**Location:** 1010 Waugh Dr, Houston, TX 77019

**Availability:** 24/7

**Helpline:** (713) 528-2121

**Website:** <https://hawc.org/>

**Services Provided:** Counseling (over the phone), Shelter (women and children only), Limited Legal Services, and Children's Court Services

**Service Area:** Greater Houston Area

### **Family Time Crisis and Counseling Center**

**Location:** 1203 S Houston Ave, Humble, TX 77338

**Availability:** 24/7

**Helpline:** (281) 446-2615

**Website:** <https://familytimececc.org/>

**Services Provided:** Counseling, Shelter (Domestic Violence, Human Trafficking and Sexual Assault), Limited Legal Services, On-Site Childcare

**Service Area:** Greater Houston Area

### **Fort Bend Women's Center**

**Location:** 501 E Highway 90A, Richmond, TX 77406

**Availability:** 24/7

**Helpline:** (281) 342-4357

**Website:** <https://fbwc.org/>

**Services Provided:** Counseling, Shelter (Women, Men, and Children), Limited Legal Services

**Service Area:** Greater Houston Area

### **Northwest Assistance Ministries**

**Location:** 15555 Kuykendahl Rd, Houston TX 77090

**Availability:** Monday – Thursday, 8:00 AM – 5:00 PM and Friday, 8:00 AM – 4:00 PM

**Helpline:** (281) 885-4555 or **Crisis Hotline: 281-885-4673 - 24/7**

**Website:** <https://www.namonline.org>

**Service Provided:** Counseling (Adults), Financial (Rent, Utilities) and Food for victims of Domestic violence

**Service Area:** Greater Houston Area

## General Information

### **FEMA**

**Availability:** 24/7

**Disaster Assistance Helpline:** 800-621-3362

**Website:** [www.disasterassistance.gov](http://www.disasterassistance.gov)

**Services Provided:** Assistance can include grants for temporary housing and home repairs, low-cost loans to cover uninsured property losses and other programs to help individuals and business owners recover from the effects of the disaster.

**Service Area:** Brazoria, Fort Bend, Harris, Montgomery Counties.

### **Harris Health “Ask My Nurse”**

**Availability:** 24/7

**Helpline:** (713) 634-1110

**Website:** <https://www.harrishealth.org/services-hh/outreach/Pages/ask-a-nurse.aspx>

**Services Provided:** COVID Related Questions

**Service Area:** Harris County

### **Lone Star Legal**

**Location:** 500 Jefferson St, 17<sup>th</sup> Fl, Houston, TX 77002

**Availability:** Monday – Friday, 8:00 AM – 5:00 PM

**Helpline:** (713) 652-0077 or 1-800-733-8394

**Website:** <https://www.lonestarlegal.org/>

**Services Provided:** Legal Help, COVID-19 Evictions, and Other Resources

**Service Area:** Texas

### **National Council on Aging**

**Availability:** Monday – Friday, 9 AM – 5 PM ET

**Helpline:** 1-800-794-6559

**Website:** [www.ncoa.org](http://www.ncoa.org)

**Services Provided:** Food Assistance, Medication, Utility Assistance, Health Care, Rent/Mortgage Assistance and Housing

**Service Area:** Nationwide

### **Texas Workforce Commission**

**Location:** Various

**Availability:** Varies on location

**Helpline:** 1-800-939-6631

**Website:** <https://www.twc.texas.gov/news/covid-19-resources-job-seekers>

**Services Provided:** Unemployment Benefits, Job Matching, Recruiting, and Training

**Service Area:** Texas





## Community Resource List

### **United Way of Greater Houston**

**Location:** 500 Waugh Dr. Houston, TX 77007

**Availability:** 211 HELPLINE open 24/7, call for updates

**Helpline:** 2-1-1

**Website:** <https://www.unitedwayhouston.org/>

**Services Provided:** Food Assistance, Disaster Preparedness & Recovery, Education, Utility Assistance, Health Care, Rent/Mortgage Assistance and Housing or Shelter

**Service Area:** Greater Houston Area